



# HLTAID011 Provide first aid

## Be prepared before you need it!

This First Aid and CPR course will provide you with the knowledge, skills and confidence to enable you to sustain life and minimise the consequences of injury and illness until professional help arrives.

## Who can enrol in this qualification

All persons - minimum 14 years of age, who may be required to provide a first aid response in a range of situations, including community and workplace settings. Most workplaces require at least 1 person to hold a current CPR and First Aid Certification.

## Suitability Requirements

A Pre-training review is conducted prior to enrolment to determine if the program is appropriate along with the required language, literacy, numeracy and oral communication skills. Participants must be able to bend and kneel on the floor to perform CPR for at least 2 minutes. No prior knowledge is required.

## What do I need to enrol

A USI\*, Government issued identification where the combination of documents presented to the must include your date of birth, current residential address, photograph and signature):

## What do I need to bring to training?

2 Black pens, Neat casual clothing, No singlets or thongs and covered shoes. The above ID.

*\*USI - Unique Student Identifier is a Commonwealth Gov't Reference, available from [www.usi.gov.au](http://www.usi.gov.au)*

## Licensing & Regulatory Requirements

It is recommended by the Australian Resuscitation Council (ARC) that:

HLTAID009 Provide CPR is completed annually

HLTAID011 Provide First Aid every 3 years

Specific licensing /regulatory requirements relating to this competency, should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

## Training Delivery

May be facilitated at a customer's site or one of our Training Centers - Please call to enquire.

## Single Day Delivery - \$149 per person

Pre - Study required via print copy or online training sent to you prior to the practical assessment day. This format suits people with previous First Aid Training or experience.

## Two Day Delivery - \$220 per person

No Pre - Study required. Full training & assessment provided over 2 days ideal for those who are new to First Aid.

## Assessment

Assessment is conducted by the below methods:

- Multiple choice theory questions
- Practical Assessment
- Observations during scenarios

Including at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult & infant resuscitation manikin placed on the floor.

## Completion

On successful completion participants will be with a Statement of Attainment with the following units:

- HLTAID009 Provide Cardiopulmonary Resuscitation
- HLTAID011 Provide First Aid